

## SEPARATORS

\_\_\_\_\_ has had \_\_\_\_\_ separators inserted between specific teeth to allow for the placement of an appliance or bands.

If any of the separators fall out, please **call our office**, as replacement of these may be necessary.

**Please avoid the following:**

- \* Chewing sticky foods (toffee, gum, licorice etc.)
- \* Flossing where the separator is placed
- \* Vigorous brushing around the separator
- \* Picking at the separator with fingers or tongue etc.

Thank you, *Dr. Barry White and Staff*